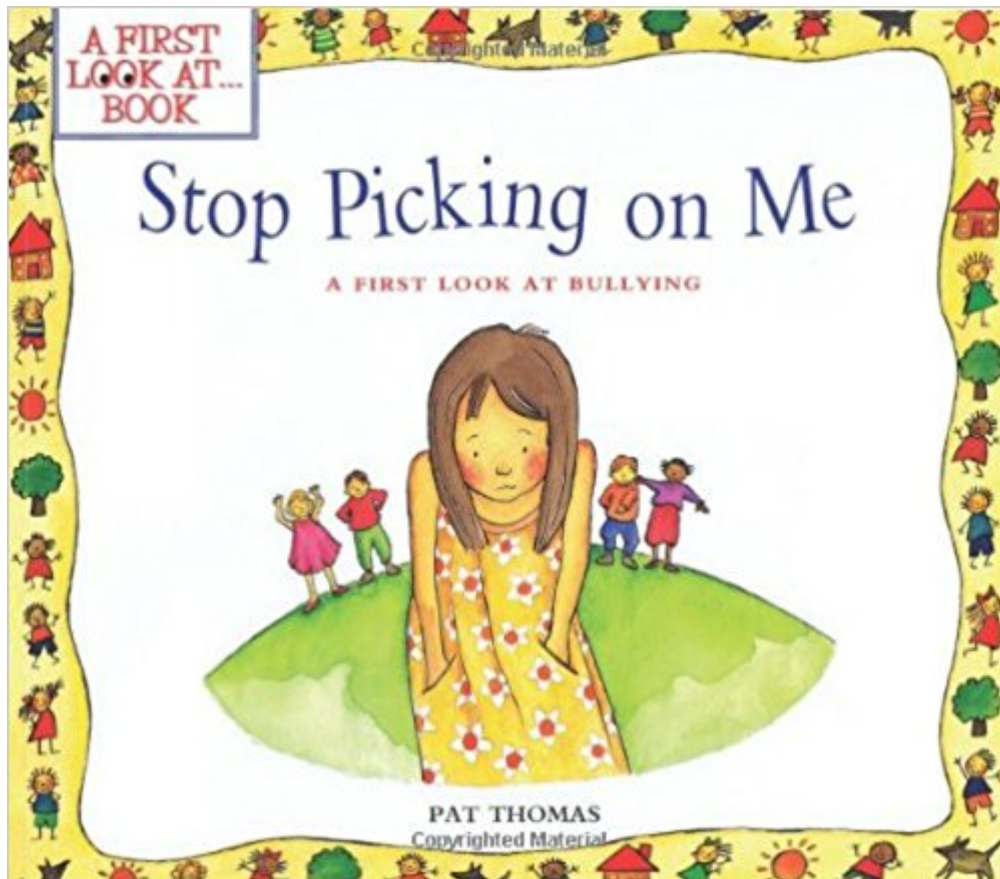


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# Stop Picking On Me (A First Look At Bullying)



## Synopsis

Barron's A First Look At books explore the dynamics in relationships among children of preschool through early school age, and encourage kids to understand personal and social problems as a first step toward solving them. Written by an experienced psychotherapist and counselor, these books promote positive interaction among children, parents, and teachers. The language in each book is simple and directâ•easy for younger children to understand. Full-color illustrations on every page. This approachable picture book explores the difficult issue of bullying among children. It helps kids accept the normal fears and worries that accompany bullying, and suggests ways to resolve this upsetting experience.

## Book Information

Lexile Measure: 750L (What's this?)

Series: A First Look At...Series

Paperback: 32 pages

Publisher: Barron's Educational Series; 1 edition (March 1, 2000)

Language: English

ISBN-10: 0764114611

ISBN-13: 978-0764114618

Product Dimensions: 9.4 x 0.1 x 8.2 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 24 customer reviews

Best Sellers Rank: #95,056 in Books (See Top 100 in Books) #56 inÂ Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse #181 inÂ Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Bullies #383 inÂ Books > Medical Books > Psychology > Social Psychology & Interactions

Age Range: 4 - 7 years

Grade Level: Preschool - 2

## Customer Reviews

â œThis wonderful picture book introduces the concept of bullies. . . and, most importantly, reassures the reader that nobody ever deserves to be bullied.â • --Adoptive Families magazine

(back cover) This approachable picture book explores the difficult issue of bullying in reassuringly simple terms. The fears, worries, and questions surrounding this upsetting experience are made

accessible to young children. Written by psychotherapist and counselor Pat Thomas, these superb information books promote interaction among children, parents, and teachers on personal, social, and emotional issues. --This text refers to an out of print or unavailable edition of this title.

As a second grade teacher, I read this book to my classes at the beginning of every school year on the second day of school and we have a discussion about bullying and that a bully counts on you not telling, as it addresses in the book, and why it is so important to tell a trusted adult, most specifically me as the teacher so that I can help them and put an end to the bullying. This book offers a great look into why the bully picks on others, such as being a victim once themselves or that they have low self-esteem and it really helps the kids understand it. The illustrations are nice and I love the discussion questions at the end, which we use in small group discussions and whole class discussions. The only reason I'm giving this 4 stars is because I feel that the book only offers the suggestion of telling an adult, which don't get me wrong is VERY important, but I wish it had suggestions on how the kids can try to handle it on their own first. Overall, I do think the book is great to understand and discuss this epidemic of bullying.

Great book! I use it when counseling certain child clients who are may be dealing with bullying issues at school.

We bought this book for our 4-year old daughter when she started saying she didn't like the color of her hair and skin. We suspected some children in her pre-school had said something to her and hoped that this book might help her deal with their comments. She still says that she does not know any bullies, but the fact that she often asks us to read the book to her at bedtime suggests to me that it is helping her deal with her feelings. Importantly, shortly after reading it a few times, she started telling me that she liked her hair and skin. The story is well told and even discusses why some children are bullies. It makes the point that even adults can be bullies and that this can cause children who have been bullied to become bullies themselves. While this is sad, bullying is never OK. The book offers advice on what to do if someone bullies you: tell an adult, be with people who love you. We also use this book with our feisty 3-year old daughter, who can be a bit bossy with her peers. We talk to her about how saying certain things can hurt people's feelings and that we would never want her to be a bully. I really recommend this book, both for victims of bullies and potential bullies.

Great way to teach kids social skills!

I brought this for my grandson who had been bullied. He said he did not like the book because it was too many bullies in it but I do think it helped him because he was not afraid to go into his class after I read the book to him and talk to him about it. He is 5 years old. I would recommend it

This is a great book but seems to deal more with bullies that are being mistreated at home. NOT sure if I want to go that way when I am trying to explain why some bullies behave the way they do.

The book is well written and easy for younger kids to understand but I work in an inner city elementary school and the "solution" at the end of the book is too simplistic for the kids who are being bullied.

My first graders loved this book and were ready to open up about their experiences after I read it. They wrote full pages about "how to stop the bullies" after we read and shared with each other using this book!

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